

### Uczestnicy wszystkich edycji biegu Cztery Mile Jarka

| rok          | dystans | Edycja | Jarosław Kosoń | Jerzy Ochota | Krzysztof Pieczyński |
|--------------|---------|--------|----------------|--------------|----------------------|
| 1999         | 9,436   | 1      | 0:40:18        | 0:37:35      | 0:52:40              |
| 2000         | 9,436   | 2      | 0:42:55        | 0:39:24      | 0:45:54              |
| 2001         | 9,436   | 3      | 0:38:56        | 0:35:21      | 0:41:45              |
| 2002         | 9,436   | 4      | 0:45:15        | 0:37:42      | 0:41:26              |
| 2003         | 9,436   | 5      | 0:40:25        | 0:37:04      | 0:39:55              |
| 2004         | 9,436   | 6      | 0:39:01        | 0:36:16      | 0:38:27              |
| 2005         | 9,436   | 7      | 0:40:36        | 0:39:22      | 0:39:17              |
| 2006         | 9,436   | 8      | 0:40:01        | 0:42:28      | 0:39:43              |
| 2007         | 9,436   | 9      | 0:40:23        | 0:39:19      | 0:40:18              |
| 2008         | 9,436   | 10     | 0:41:08        | 0:40:20      | 0:40:44              |
| 2009         | 9,436   | 11     | 0:45:28        | 0:39:58      | 0:40:57              |
| 2010         | 9,436   | 12     | 0:40:53        | 0:44:11      | 0:41:03              |
| 2011         | 9,436   | 13     | 0:42:35        | 0:39:00      | 0:42:25              |
| 2012         | 9,436   | 14     | 0:38:39        | 0:38:43      | 0:39:50              |
| 2013         | 9,436   | 15     | 0:39:16        | 0:40:31      | 0:39:27              |
| 2014         | 9,436   | 16     | 0:40:48        | 0:42:50      | 0:41:18              |
| 2015         | 9,436   | 17     | 0:45:34        | 0:52:02      | 0:43:55              |
| 2016         | 9,436   | 18     | 0:41:14        | 0:49:56      | 0:44:28              |
| 2017         | 9,436   | 19     | 0:44:03        | 0:57:55      | 0:47:00              |
| suma         | 179,284 |        | 13:07:28       | 13:09:57     | 13:20:32             |
| tempo min/km |         |        | 0:04:24        | 0:04:24      | 0:04:28              |

### Czasy poszczególnych biegów

